

**PEREN GOVERNMENT COLLEGE
GAMES AND SPORTS COMMITTEE
PEREN NAGALAND**

CONCEPT NOTE

Games and sports pertains to any form of competitive physical activity or game that aims to use, maintain or improve physical ability and skills while providing enjoyment to participate and in some cases, entertainment to spectators. Sports can, through casual or organised participation, improve one's physical health. Sports are generally recognised as system of activities based in physical athleticism or physical dexterity. Games and sports are usually governed by a set of rules and customs. With serve to ensure fair competition of the winner.

Objectives:

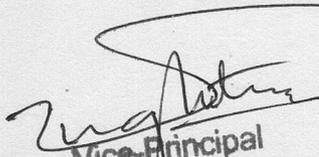
The objectives of Games and Sports committee are:

- Develop physical talents to their maximum potential
- Engage in competitive activities while promoting sound health, safety, and physical fitness.
- Exemplify good conduct as a means for learning and good citizenship
- Learn to appropriately experience both success and failure in an educational environment
- Learn how to be good teammate. Making positive contribution, regardless of the role on the team or activity.
- Experience a feeling of self-worth and to develop self-confidence

Formation

Games and sports committee was formed on 16th June 2017. The committee constituted by six faculty members. Mr HeiramchubeLiegiseAsst.professor as the convenor of the committee.

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| 1. Mr HeiramchubeLiegise, | Asst.prof | :convenor |
| 2. Mr Hulin, | Asst.prof | :member |
| 3. Ms IsibamleNdang, | Asst.prof | :member |
| 4. Ms kekruneinoNagi, | Asst.prof | :member |
| 5. Mrs AgnesLalengkimi, | Asst.prof | :member |
| 6. Mr Kedihei, | Dufty | :member |


Vice-Principal
Peren Govt. College
Peren ; Nagaland.